



[Dateline -- March 7th, 2014]

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It doesn't take much to **turn your average day into a survival situation**. Too much rain, or extreme heat (or cold) can suddenly thrust you in a crisis situation.

There's no guarantee when or where disaster will strike. You may even need to travel a long distance to safety, and unless you have a horse, that means relying on your automobile to help save your hide.

Which is why -- as my buddy Frank Mitchell points out -- you need to consider some of the basics like:

Maintenance Basics: Your vehicle needs be maintained, and you you need to have the know-how to do it yourself, (as it's unlikely Jiffy Lube will be open during the apocalypse). Which means:

-- **Purchase the repair guide for your car or truck**, and keep it in your vehicle. Chilton's has a line of automotive repair manuals for virtually all types of vehicles, and these books can be found at most automotive parts stores.

-- Know how to **inflate your tires** with air, what pressures they should be at, and how to change your tire in the event of a flat.

-- **Be diligent about simple maintenance** like oil and filter changes, topped off fluids, etc. Make a list of what fluids your car or truck uses, what types, and in what quantity. This is a critical list that you need to carry inside the vehicle.

+ Engine Oil: Carry enough oil in your vehicle for one complete oil change.

+ Coolant: Keep at least one gallon of coolant in your bug out vehicle.

+ Brake Fluid: Keep a pint of brake fluid in your bug out vehicle. Note – leaking brake fluid is messy, so make sure you keep an unopened container of it onboard.

+ Air Filter: All cars and trucks require an air filter to ensure the air going to the engine is free of particulates. On your list, note the type and brand of air filter, and carry a spare.

+ Oil Filter: Know the type and model number, and be aware that different manufactures make compatible filters. Keep a spare oil filter on board your vehicle.

Keep a comprehensive tool kit on board your bug out vehicle. Your kit needs to be big enough to complete most repairs on the vehicle.

On our sample bug out vehicle, this tool chest is about 10" x 10" x 20" in size and weighs about 50 pounds. While not a complete list, here are some of the things you need to have on board:

- + 3/8" socket drive set in both metric and imperial sizes
- + Select 1/2" drive set for the bigger bolts on the vehicle
- + Large crescent wrench
- + Small crescent wrench
- + Box wrench set in metric and imperial
- + 1 pair large channel lock pliers
- + 1 pair vise grips
- + Hammer
- + Mallet
- + Needle nose pliers
- + Complete screwdriver set to include flat, Philips and Torx
- + Complete Allen key set
- + Oil filter wrench

Human Considerations: Okay, so your vehicle is now stocked with a good set of tools and prepared to perform basic maintenance. Now we need to think about the considerations of the passengers.

>> At least 1 gallon of water per person, per day.

>> At least three days of food per person. This is where Meals Ready to Eat (MRE) shine, folks! They will keep for a long time in your vehicle and are instantly ready to use whenever you need them.

>> A comprehensive first aid kit.

>> A cold weather sleeping bag or heavy blanket

>> A container suitable for boiling water

>> A water filter or tablets.

>> Multiple methods for starting fires

>> A change of clothes.

What else?

>> A comprehensive street level map for at least a 100 mile radius

>> A statewide map

>> Cell phone complete with vehicle charger and separate solar charger

>> HAM radio portable handset

>> Repeater book of frequencies and repeaters in your area

>> Laptop or flash drive containing scanned copies of important documents like birth certificate, home deeds, driver license, passports, etc.

Most people drive around with under 1/4 tank of gas and only a few days' worth of food in the fridge.

THEY are the ones who will suffer the most in a crisis, and they're the ones who break down and panic, clearing store shelves and causing two hour long lines at gas stations.

Now YOU know better. It's up to YOU to look out for YOUR family.

To learn more about preparing your vehicle for survival with lots more tips and tricks to ensure the safety and security of you and your entire family during any disaster, **check out what Frank Mitchell has to say over at Family Survival System.**

[<< Watch it right now. >>](#)

Head over there now and watch his report, it's loaded with lot of good info.

For a safe life...

A handwritten signature in blue ink, appearing to read 'Bob Smith', is located at the bottom left of the page.

Bob Pierce
President, FightFast/TRS

Fight Fast

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